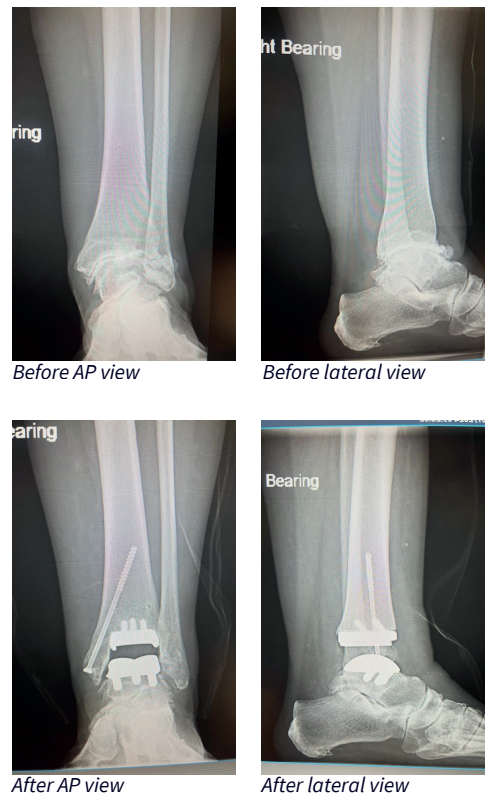


# Total Ankle Replacement With the Stryker® Infinity® System

## What Is a Total Ankle Replacement?

In ankle replacement surgery, the damaged surfaces of the ankle joint are removed and replaced with a prosthesis (implant) made of metal and plastic. This is designed to reduce pain while preserving ankle motion, unlike ankle fusion which eliminates joint movement.



## Why the Infinity® System?

- ✓ **Used in over 48,000 patients worldwide** with excellent outcomes.
- ✓ **98.8% implant survivorship at 2 years** in the largest prospective study to date.
- ✓ Low-profile design for **better fit and imaging**.
- ✓ 3D-printed Adaptis® technology **promotes bone in-growth as early as 4 weeks**.
- ✓ Durable Everlast® insert **provides long-lasting wear resistance**.






Infinity® Total Ankle System – Source: Stryker®

## Benefits for Patients

- ✓ Preserves ankle motion for a more natural walking pattern.
- ✓ Reduces pain and stiffness.
- ✓ Improves daily function and quality of life.

## Recovery Timeline

-  **Weeks 0–2**  
Immobilization in a splint/cast. No motion or weight-bearing until incision healing.
-  **Weeks 2–4**  
Begin gentle passive and active range of motion exercises. Still non-weight-bearing.
-  **Weeks 4–8/10**  
Transition to weight-bearing in a CAM boot. Formal physical therapy begins.
-  **Weeks 8–10+**  
Progression to normal shoe gear with a lace-up ankle brace as stability improves.
-  **Months 3–12**  
Gradual return to activity, strengthening, and mobility.
-  **Full recovery typically takes up to 1 year.**

### ? Questions

If you have questions about ankle replacement or whether it’s right for you, please ask. Our goal is for you to feel informed, comfortable, and confident about your treatment.